

Emotional Availability Training Program

To: Researchers and Practitioners being trained in Emotional Availability (EA) From: Zeynep Biringen, Ph.D., e-mail: zbiringen@eaparentchild.com

In order to share with you the training videotapes for the Emotional Availability Scales (EA), I need to obtain your signed consent that you are willing to enter into a collaboration involving the sensitive and confidential use of this material. The precautions outlined below will enable us to continue our protection of families.

I would like to emphasize that when I describe a parent's behaviors or behavioral sequences as more or less sensitive, more or less intrusive, and so on, I am not intending to describe fixed traits. Individuals may show more or less of these qualities depending on their mood or comfort level on a particular day, the specific context of observation, changes in life events, or the like. Interactions are least likely to be representative of a true relationship when short episodes are viewed, and these are shared tapes, by design, may be considerably shortened to disguise the overall nature of the parent-child relationship. Nonetheless, these short episodes allow me to point to behaviors in the parent or child to which you should attend. In summary, EA describes behaviors that contribute to more or less sensitivity, more or less intrusiveness, and so on. Trait-like ascriptions about people should not be made on the basis of these short observations.

As precautions, I would like to summarize aspects of our Human Subjects requirements. First, I request strict confidentiality from all professionals (researchers and practitioners) who have access to these videos. Please do not use any names, including first names that may be heard on video. Further, the videos should be viewed in a private location where others are not present (e.g., your office, private room at home, but not a coffee house or restaurant). However, you are encouraged to watch these videos with others who are currently also being trained. The videos are to be seen only by those who have signed up for the authorized training program and not to present at any professional meetings or to train others. You may not create images of these videos, create audio recordings, or publicly distribute in any format, including on a website. Finally, if anyone being trained recognizes a member of a family, that individual is required to make this fact known to me immediately, and refrain from viewing or scoring of that particular video. I can substitute a new video, when needed. Please remember to log off your device, again to continue protecting the confidentiality of families. We appreciate your sensitive handling of these videos and hope that your training process is smooth and interesting. Should you have any questions please do not hesitate to contact me.

PLEASE TYPE BELOW (DO NOT HANDWRITE)

Your Name:	Highest Degree	
Your Signature		
	Date:	
Address:		
Email:		
Name and email of the most senior investiga	tor on your team, e.g., mentor, if applicable.	
Name:	Highest Degree	
Email:	Phone:	